GOLDEN NOTES

NEW BRITAIN SENIOR CENTER

55 PEARL STREET, NEW BRITAIN, CT 06051

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WEB ACCESS: http://www.newbritainct.gov Go to Documents and click on Senior Center, click on Golden Notes tab to find current issue of the monthly newsletter

VOL XLIV NO. XVVV

December 2015



HOLIDAY BAZAAR

The Senior Center's Annual Holiday Bazaar will be held on Friday, December 4, 2015 between the hours of 9:00 am and 1:30 pm. Once again, the Bazaar will feature a great selection of handmade crafts along with baked goods and a variety of raffle prizes. Lunch will be available for purchase.

We hope you will be able to support us again this year

Pancake Breakfast

Join us for our Annual Holiday Pancake Breakfast on Friday, December 18th from 8:15 and 10:00 am. Menu includes; pancakes, bacon, juice and coffee. Stop by for some of Sean's delicious pancakes.

REBUILDING TOGETHER NEW BRITAIN

Rebuilding Together New Britain assists low-income New Britain Home owners with critical home repairs and maintenance they are unable to manage on their own due to financial or physical limitations at no cost to the homeowner. Rebuilding Together New Britain is currently accepting applications for their Safe at Home Program which will help to address repairs related to fall prevention and fire safety.

Repairs may include installing grab bars, handrails, carpet removal and installing smooth flooring. Smoke and CO detectors. Minor carpentry, plumbing and electrical repairs will also be considered. Repairs will be performed by volunteer teams during the months of December, January and February on a first come, first served basis. In order to qualify you must be low income, up to date on taxes and the home must be owner occupied in New Britain. Rebuilding Together Staff will be at the Senior Center on December 15th from 10:30 am to 12:30 pm to assist persons in completing applications. Please bring the following documentation with you: Proof of income- income statements from Social Security, Disability, Unemployment, Pension, or wages for all members of household.

Sign up for a slot at the front desk. Walk-ins are also welcome.

Book Group Meeting

The Public Library – Senior Center Book Group will be meeting at 1:00 PM on Tuesday, December 15, 2015 here at the Center. The book read for this month is *Animal Farm* by George Orwell and *Stubby War Dog* by Ann Bausum Join us for a discussion of this classic.

Friday at the Movies

The Christmas Card

Friday, December 18th at 12:45 PM

Join us for this wonderful Holiday Season entertaining film guaranteed to get you into the Holiday Spirit

DAILY CALENDAR OF ACTIVITIES October 2015

Monday

8:15 am to 11:10 am- Snack bar open

8:45 am to 9:15am. – Beginners Line Dancing

9:15 am to 10:00 am – Art class open

9:15 am to 10:00 am - Exercise Class with Chris

10:00 am to 11:00 am - Line dancing class

12:45am to 3:00 pm - Bingo

Tuesday

8:15 am to 11:00 am. - Snack Bar open

8:45 am to 9:15 am - Beginners Line Dancing

9:15 am to 10:15 am - Exercise Class with Chris

9:15 am to 1:30 pm - Craft group meets

10:30 am to 11:15 am – Line dancing with Chris

1:00 pm to 3:30 pm – Craft group meets

1:00 pm to 3:00 pm Wii Bowling

Wednesday

8:15 am to 11:00 am - Snack bar open

9:30 am to 11:30 am - Pinochle Club

9:15 am to 11:30 am - Art Class open

1:00 pm to 3:00 pm - Ballroom Dancing

Thursday

8:15 am to 11:00 am - Snack bar open

9:30 am to 10:30 am –ZUMBA with Amy

9:15 am to 11:30 am – Craft Group meets

1:00 pm to 3:30 pm - Pinochle Club

1:00 pm to 3:30 pm - Craft group meets

Friday

8:15 am to 11:00 am – Snack bar open

9:15 am to 11:30 am – Art class open

1:30 pm to 3:30 pm Square Dancing

SERVICES BY APPOINTMENT DIAL-A-RIDE

At least a 2-day notice is required for rides to the Senior Center, medical appointments, shopping and other destinations at any time within the month. Call 826-3555 for an appointment. There is a suggested donation of \$1.50 each way.

MEDICARE/MEDICAL INSURANCE INFORMATION

Persons seeking help in filing Medicare claims or appeals, interpreting medical bills and assistance in making decisions concerning Medicare supplemental insurance can make an appointment with Senior Center Staff by calling the Center at 860 826-3553. Advice on Living Wills and how to deal with advance medical directives is also available.

FROM THE NURSING DESK		

The New Britain Public Health Nurses want to wish all of you a very happy and safe Holiday season. Stay well and enjoy this special time of the year!

Persons wishing to see the nurse for any reason should call the Senior Center during the morning hours to see if a Health Department Nurse is available on the day you wish to come

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December 2015

■ November 2015 December 2015							
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3	4 Holiday Bazaar 9:00 to 2:00 PM	5	
6	7 Commission on Aging 1:00 PM	8	9	10	11	12	
13	14	15 Rebuilding Together 10:30 am Book Group 1:00 PM	16	17	18 Pancakes 8:15 AM Movie 12:45 PM	19	
20	21	22	23	24	25 Christmas Center Closed	26	
27	28	29	30	31	Notes:		

More Calendars with US Holidays: Jan 2016, Feb 2016, PDF Calendar