

# Golden Notes



**NEW BRITAIN SENIOR CENTER** MICHAEL KARWAN, DIRECTOR

55 PEARL STREET NEW BRITAIN, CT 06051

PHONE: 860-826-3553

FAX: 860-826-3557

WEB ACCESS: <http://www.newbritainct.gov> Go to Documents and click on Senior Center to find the current issue of the monthly newsletter

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## **Senior Steps**

### **Pasta Dinner**

Tuesday April 29<sup>th</sup>

5:00 PM to 7:00 PM

The Senior Center will be participating in the CT Race in the Park during the month of May.

Please help support our team by attending our PASTA DINNER.

## **PROCEEDS WILL GO TO THE CT BREAST HEALTH INITIATIVE**

Tickets are \$3.00 for kids, students, adults 50+

\$5.00 for adults

You may purchase tickets at the senior center

**HOPE TO SEE YOU ON PASTA NIGHT!**

## **BAKE SALE**

**April 7<sup>th</sup> and 14<sup>th</sup>**

Enjoy some delicious treats with your morning coffee. Muffins, breads and assorted cookies will be available and prices will range from \$0.50 to \$2.00 so stop by the Snack Bar for some delicious treats.



## **SHOW YOUR SUPPORT**

Breast Cancers Awareness Ribbons will be sold throughout the month of April.

**GET YOUR TODAY! ONLY \$0.50!!**

## Book Group Meeting

The Public Library and Senior Center Book Group will be meeting on Tuesday, April 15th at 1:00 PM. The book read for this month is: Cleopatra: a Life by Stacy Schiff.



May 20, 2014  
Art Forger by Barbara A. Shapiro

June 17, 2014  
Grand Central: how a train station transformed America by Sam Roberts

All are welcome so we hope you will join us on the third Tuesday of each month

## **.PROPERTY TAX RELIEF**

The Senior Center is taking applications for the HOMEOWNERS, Additional Veterans and FREEZE Property Tax Relief Programs. Persons 65 and older in year 2013 or who receive Social Security Disability Benefits are eligible for a discount on their property taxes. Individuals earning less than \$34,100 and married couples earning less than \$41,600 during 2013 may be eligible for the discount. Homeowner income levels include 2012 social security benefits. Those persons who have received benefits under the old FREEZE program are eligible to maintain their property tax relief if their income, excluding social security, was less than \$6,000. Those persons who have been enrolled in either program during the past years will receive a letter from the City Tax Assessor if they must reapply during 2014. If a married couple wishes to apply for the benefit, it is only necessary for one of the spouses to have been over 65 years of age in 2013 to be eligible for the program. Call the Senior Center (860) 826-3553 if you wish to make an appointment or if you have any questions.



## **Legal Aid Program**

### **YOUR HOME AND TITLE 19 (MEDICAID)**

Tuesday, April 22, 2014  
10:00 am

Attorney Marilyn Denny will be at the senior center to talk about "Your Home and Title 19" Learn about the circumstances and issues that are relevant to your home assets in the event you are required to apply for Title 19 (Medicaid). With time permitting, Attorney Denny will also answer questions anyone may have pertaining to legal issues. Stop by and join us for this very informative program.

## **Volunteers Wanted Senior Medicare Patrol (SMP)**

Volunteers are wanted for rewarding positions with the Senior Medicare Patrol Program. Volunteers help seniors to protect their identity and avoid getting taken by scammers. NCAAA is a regional agency that serves older residents of North Central Connecticut and the organization is responsible for conducting the SMP program. Volunteers may work in their local communities within the North Central Connecticut area. There are 4 different volunteer jobs available to interested persons;

Educate Medicare/Medicaid beneficiaries or their caregivers one-on-one regarding how to prevent, detect and report health care fraud

Give presentations to Medicare/Medicaid beneficiaries on health topics

Provide information and education at community events or community locations, such as health/senior fairs, senior centers, civic or faith-based organizations

Reach out to the community with SMP materials. This could include pharmacies, health care providers, legislators, libraries or non-profit agencies

**Persons interested in becoming a Senior Medicare Patrol volunteer can contact:**

**Carol Walsh, SMP Coordinator  
North Central Area Agency on Aging  
e-mail [carol.walsh@ncaaact.org](mailto:carol.walsh@ncaaact.org)  
Phone: 860 724-6443 ext 271**

**Visit [www.smpresources.org](http://www.smpresources.org)**



### **Special April Bingos**

Thursday, April 3<sup>rd</sup> at 1:00 PM Monsignor Bojnowski Manor and Advanced Health Care will be conducting a special Easter Bingo

On Monday, April 14<sup>th</sup> at 1:00 PM Newington Health Care will be conducting a Bingo activity.

**Hope you stop by and enjoy these special events!**

## SERVICES BY APPOINTMENT

### DIAL-A-RIDE

At least a 2-day notice is required for rides to the Senior Center, medical appointments, shopping and other destinations at any time within the month. Call 826-3555 for an appointment. **There is a suggested donation of \$1.50 each way.**

### MEDICARE/MEDICAL INSURANCE INFORMATION

Person seeking help in filing Medicare claims or appeals, interpreting medical bills and assistance in making decisions concerning Medicare supplemental insurance can make an appointment with Senior Center Staff by calling the Center at 860 826-3553. Advice on Living Wills and how to deal with advance medical directives is also available.

### FROM THE NURSING DESK

Our Senior Health will be held on April 23, 2014. Join us for free health screenings provided by health care providers in our area.

On most occasions, the Public Health Department is able to schedule a nurse during the morning hours each day here at the senior center. The nurse is available to provide basic services and to answer any questions seniors may have. . Persons wishing to see the nurse for any reason should call the Senior Center during the morning hours to see if a Health Department nurse is available on the day you wish to come.

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**GOLDEN NOTES SUBSCRIPTIONS**

NAME \_\_\_\_\_ DATE \_\_\_\_\_  
STREET \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE, ZIP CODE \_\_\_\_\_  
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Make checks payable to: **NEW BRITAIN SENIOR CENTER**

Return to: **GOLDEN NOTES**

New Britain Senior Center  
55 Pearl Street  
New Britain, CT 06051

Annual Fee: \$6.00 non refundable

Cash \_\_\_\_\_ Check \_\_\_\_\_

New Subscription \_\_\_\_\_

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## **TRIAD SENIOR PROM**

### **RED WHITE & BLUE**

The New Britain TRIAD organization will be conducting THEIR 16<sup>TH</sup> Annual Senior Prom on Thursday, April 24, 2014 from 5:00 p.m. to 9: p.m. at the New Britain High School. Dinner will be served and music will be provided by The Sharades. Tickets are \$5.00 and can be purchased at the New Britain Senior Center.

### **FRIDAY at the MOVIES**

#### **To Be Announced, Call the Center**

April 11,, 2014

12:45 pm

Please call the Senior Center to find out the title of the monthly movie.



### **Spring Cleaning Sale**

April 25<sup>th</sup>

9:00 to 10:30 AM

The Senior Center will host the first ever Spring Cleaning Sale. Persons wishing to sell unwanted items must sign up by April 22<sup>nd</sup> in order to have a display table assigned. Once you have registered, you will receive a table number to display your items. Individuals are responsible for pricing and monitoring their tables throughout the morning. Everyone is invited to the sale event so please take the time to see what your friends have to offer. See Chris for more details.

### **Cooking with Chris**

April 8<sup>th</sup> at 1:00 PM

Cooking with Chris is back foer the fourth month in a row! If you didn't get a chance to participate last time, here is your chance to join us! Sign up at the front desk or call the Center.

See you in the kitchen!



New Britain Health Department  
Annual Health Fair



The New Britain Health Department's Annual Health Fair will be held on Wednesday, April 23<sup>rd</sup> from 9:30 am to 12 noon. Join us for free health screenings provided by health care providers in our area. We will be offering free blood pressure checks , glucose testing, cholesterol screening ,balance and gait screening along with other health screening tools. Stop by and ask questions or just come to see what all the excitement is about.

Computer Classes Offered

Fundamentals of Computers, Mondays starting on April 14 from 9:00 to 11:00 AM

Introduction to Computers, Tuesdays starting on April 15<sup>th</sup> from 9:00 to 11:00AM

Introduction to the Internet, Fridays, Starting on April 11<sup>th</sup> from 9:30 to 11:30 AM

Sign up at the front desk starting on April 7th



**Earth Day April 22<sup>nd</sup>**

The Senior Center will be celebrating Earth Day on 22<sup>nd</sup> by offering two options for participants to celebrate this special day. A garden planting activity will be offered at 10:30 AM followed by another activity scheduled for 12:45 on the same day. The cost for the programs will be:

\$2.00 for one person  
\$3.00 for two people  
\$5.00 for 3 people

Check out the posters at the Senior Center or see Chris for more details.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 EASTER BINGO	4 LIBRARY VISIT	5
6	7 BAKE SALE 9:30-10:30 COMMISSION ON AGING AT 1:00	8 COOKING WITH CHRIS AT 1:00	9	10	11 MOVIE AT 12:45 LIBRARY VISIT	12
13	14 BAKE SALE 9:30-10:30	15 BOOK CLUB AT 1:00	16	17	18 CLOSED	19
20	21	22 GARDEN AT 10:30 LEGAL PROGRAM AT 10:00 MOVIE AT 12:45	23 HEALTH FAIR 9-12	24 TRI-AD PROM 5-9pm	25 SPRING SALE 9-10:30	26
27 SONS OF ITALY PANCAKE BREAKFAST	28	29 PASTA DINNER 5-7pm	30			
	EXERCISE/ DANCE CLASS ART BINGO	EXERCISE/DANCE CERAMICS CRAFTS WII BOWLING	CARDS CERAMICS ART CLASS BALLROOM DANCING BINGO	CRAFTS PINOCHLE	ART CLASS SQ DANCING BINGO	

APRIL 2014

