

GOLDEN NOTES

NEW BRITAIN SENIOR CENTER
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EB ACCESS: <http://www.newbritainct.gov> Go to Documents and click on Senior Center,
click on Golden Notes tab to find current issue of the monthly newsletter

VOL XLIV NO. XXIV

June 2015



NEW BRITAIN TRIAD
Senior Monthly Education Series
Tuesday, June 16 2015
9:00 to 10:00 AM



FRAUD AWARENESS

Sergeant Art Powers, NBPD, will help you learn how to protect yourself and family from the latest tricks and scams perpetrated by con artists. Find out what to do if you have been victimized. Ms Carol Walsh will talk about the Senior Medical Patrol and will explain how to protect yourself from Medicare and Medicaid fraud.

The program is free and a continental breakfast will be served

Sponsored by Newington Health Center



Free Dental Cleanings For New Britain Seniors

The City of New Britain's Health Department and the Community Health Center will be conducting free dental cleanings here at the senior center.

You must be a City of New Britain resident and you can call 860 826-3464 to schedule an appointment.

FRIDAY AT THE MOVIES



The movie for June 19th will be **Paul Blart Mall Cop** starring **Kevin James**. Mild-mannered Paul Blart has always had huge dreams of becoming a State Trooper. Until then, he patrols the local mall as a security guard. Join us at 12:45 pm on June 19th for this very entertaining film.

BOOK GROUP

The New Britain Public Library and the Senior Center's monthly book group will be meeting on Tuesday, June 16th here at the Senior Center at 1:00 pm. The book read for June will be reader's choice of any book written by Ngaio Marsh.

Special Bingo

Monsignor Bojnowski Manor will be sponsoring a special bingo here at the senior center on Thursday, June 4th starting at 1:00 PM. Stop by and join your friends and fellow members for an afternoon to fun.



POLISH FOLK MUSIC

On Tuesday, June 16 at 11:00 am, Ed Suhecki and Sam Kimble and vocalists Christine will be playing folk music for all to enjoy. Stop by and enjoy the traditional music and remember to sign up for lunch.

**DAILY CALENDAR OF ACTIVITIES
JUNE 2015**

Monday

8:15 am to 11:10 am– Snack bar open

8:45 am to 9:15am. – Line Dancing Instruction for persons wishing to learn line dancing

9:15 am to 10:00 am – Art class open

9:15 am to 10:00 am – Exercise Class Senior appropriate class with Chris

10:15 am to 11:00 am – Line dancing class

12:45am to 3:00 pm - Bingo

Tuesday

8:15 am to 11:00 am. – Snack Bar open

8:30 am to 9 am - Line Dancing Instruction for person wishing to learn line dancing

9:15 am to 10:15 am – Exercise Class Senior appropriate exercise class with Chris

9:15 am to 1:30 pm – Craft group meets

10:30 am to 11:15 am – Line dancing with Chris

1:00 pm to 3:30 pm – Craft group meets

Wednesday

8:15 am to 11:00 am – Snack bar open

9:30 am to 11:30 am – Pinochle Club

9:15 am to 11:30 am – Art Class open

1:00 pm to 3:00 pm – Ballroom Dancing

Thursday

8:15 am to 11:00 am – Snack bar open

9:00 am to 10:00 am –ZUMBA

9:15 am to 11:30 am – Craft Group meets

1:00 pm to 3:30 pm – Pinochle Club

1:00 pm to 3:30 pm – Craft group meets

Friday

8:15 am to 11:00 am – Snack bar open

9:00 am to 3:00 pm Income Tax – Call for an appointment

9:15 am to 11:30 am – Art class open

1:15 pm to 3:30 pm – Square Dancing

SERVICES BY APPOINTMENT

DIAL-A-RIDE

At least a 2-day notice is required for rides to the Senior Center, medical appointments, shopping and other destinations at any time within the month. Call 826-3555 for an appointment. There is a suggested donation of \$1.50 each way.

MEDICARE/MEDICAL INSURANCE INFORMATION

Persons seeking help in filing Medicare claims or appeals, interpreting medical bills and assistance in making decisions concerning Medicare supplemental insurance can make an appointment with Senior Center Staff by calling the Center at 860 826-3553. Advice on Living Wills and how to deal with advance medical directives is also available.

FROM THE NURSING DESK

City of New Britain Residents 60 and older with NO dental insurance don't forget to sign up for a FREE dental cleaning at the NEW BRITAIN SENIOR CENTER . The appointments will be made for the week of June 22, 2015. Please contact the New Britain Health Department at 860-826-3464 and ask to speak with one of the nurses to get your name on the list.

GOLDEN NOTES SUBSCRIPTIONS

NAME _____ DATE _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP

CODE _____

HOME PHONE # _____ CELL PHONE # _____

Make checks payable to: NEW BRITAIN SENIOR CENTER

Return to:

GOLDEN NOTES

New Britain Senior Center

55 Pearl Street

New Britain, CT 06051

Annual Fee: \$6.00 non refundable

Cash _____ Check _____

New Subscription _____

Renewal _____



Summer Music Festival

The New Britain Parks, Recreation & Community Services Department will be sponsoring free transportation and a light complimentary picnic dinner for seniors to attend the Summer Music Festival series held at the Darius Miller Memorial Band Shell in Walnut Hill Park. Transportation will be available from the senior center on Wednesdays during July and will start at 6:00 pm with the concerts running from 7:00 to 9:00 pm. Participants will be treated to a hot dog, chips, drink, or similar, and will be returned to the senior center after the concert. The concert dates are:

- Wednesday, July 1, 2015 Locomotion (Rockin' horn dance band)
- Wednesday, July 8, 2015 The Soul Sensations (Dance music, R&B)
- Wednesday July 15, 2015 Tirebiter (Classic Rock)
- Wednesday, July 22, 2015 Soul Sound Revue (Motown & Dance)
- Wednesday, July 29, 2015 Eddie Forman Orchestra (Polka Band)

Space is limited and interested seniors can sign up at the senior center. Hope you will take advantage of this great opportunity to enjoy the outdoor summer concerts!

The New Britain Parks, Recreation & Community Services Department Bus Trips

Martha's Vineyard Island Tour SHARED TRIP

Saturday, July 11, 2015

Located seven miles off Cape Cod, your Vineyard experience is just a short ferry ride away. Trip Includes: RT motor coach transportation, RT Steamship Authority from Woods Hole to Oak Bluffs, Island Tour with a local guide, Leisure time for lunch and shopping.

Registration deadline 06/12/2015

Fee: \$119.00 per person Activity #: 2611-1

Kennebunkport, ME SHARED TRIP

Saturday, July 25, 2015

This tiny Picture perfect village, tucked along the southern coast of Main is truly a gem. Trip includes: RT luxury motor coach transportation, narrated sightseeing trolley tour, Leisure time in Dock Square, a visit to Cape Neddick "Nubble" Lighthouse in York Maine.

Registration deadline 06/26/2015

Fee: \$109.00 per person Activity #: 2614-1

Register online at nbparksnrec.org or call 860 826-3360